

## Middle Infield Drill Card

(A) - Day	(B) - Day	(C) - Day	(D) - Day
Still ball Baseball L/R/M x10	Short hop w/partner racquetball/bare hand L/R/M x10	DP feeds from SS - x10 Dodgbal/x10 (vary GB)	Relay footwork to throwing position/Dodgeball x10
Short hops/Off wall - BB L/R/M x10	Putting tag down RB/barehand x10 (bucket)	DP feeds from 2B x10 Dodgeball/x10 (vary GB)	Relay footwork to throwing position/BB x10
Short hop/charge/throwing position BB x10	Short hop w/partner BB/glove return L/R/M x10	DP feeds from SS to pivot/throwing position x10 BB	Receiving steal throw to bag (20' away) x10
Forehand/backhand on line 6 reps each ladder x5	putting tag down BB/glove x10 (bucket)	DP feeds from 2B to pivot/throwing position x10 BB	Charging GB to standard throw x10
Fungo - Standard GB	Rapid Fungo x10 10'-15' away	Fungo to DP pivots	Fungo - Standard GB/very in-out
<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine	<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine	<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine	<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine

## Corner Infield Drill Card

(A) - Day	(B) - Day	(C) - Day	(D) - Day
Still ball Baseball L/R/M x10	Short hop w/partner racquetball/bare hand L/R/M x10	1B receiving from 20'-30' - vary throw x20 (from position)	Relay footwork to throwing position/Dodgeball x10
Short hops/Off wall - BB L/R/M x10	Putting tag down RB/barehand x10 (bucket)	Squeeze gamsaver transfer x20	Relay footwork to throwing position/BB x10
Short hop/charge/throwing position BB x10	Short hop w/partner BB/glove return L/R/M x10	2 ball bareball racquetball - hand/eye	Receiving steal/pickoff throw to bag (20' away) x10
Forehand/backhand on line 6 reps each ladder x5	putting tag down BB/glove x10 (bucket)	Quickhands - rapid fire	Charging GB to standard throw x10
Fungo - Standard GB	Rapid Fungo x10 10'-15' away	Fungo - Standard GB	Fungo - Standard GB/very in-out
<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine	<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine	<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine	<b>REMINDERS</b> — Train to make to <b>every</b> routine play Play through the ball Under control Follow your throw whenever possible Have a pre pitch routine