

00:21:21 **Holly Farnese:** Holly Farnese from Philadelphia.

00:21:26 **Brooke Johnson:** Brooke Glendale, AZ

00:21:31 **Brooke Johnson:** Bear Down!!!

00:21:43 **Adriana Borek:** Arizona State University!!! Go Devils!!!

00:21:45 **Darryl Nance:** Darryl Nance, Greenville SC - Furman Univ

00:21:46 **Theresa Kuszmaul:** Theresa Kuszmaul, Bryan, OH

00:21:49 **Kevin Whelan:** Kevin Whelan, Miami, FL Georgia Tech

00:21:51 **Theresa Kuszmaul:** Defiance College

00:21:52 **Lindsay Yost:** Lindsay - Windsor, CO

00:21:55 **Michelle Noeth:** Michelle Noeth, California Cal State East Bay

00:22:04 **Holly Farnese:** Holly went to Bloomsburg University Happy Huskie

00:22:07 **Lindsay Yost:** Western State University of Colorado for undergrad

00:22:09 **Theresa Kuszmaul:** Defiance, OH

00:22:14 **Linda Moore:** Linda Moore, Athens Alabama

00:22:15 **Bill Blythe:** Bill Blythe Lynchburg College, VA

00:22:20 **joseph monmonier:** Joe Monmonier Hilton Head SC Limestone college

00:22:35 **Kathy Hipp:** Kathy Hipp Erskine College SC

00:23:03 **james koepp:** Concordia, WI

00:23:08 **Pat Kohan - AD Insider:** <https://www.hometownticketing.com/partners/highschool-digital-ticketing/>

00:23:18 **HAROLD BARKER:** Harold Barker De Smet Jesuit High School St. Louis, MO

00:35:48 **Lindsay Yost:** Vision: The WCA athletics program inspires, motivates, and empowers student-athletes through positive, life changing, competitive activities.

00:36:08 **Lindsay Yost:** My coaches created this through a "What is your Why" protocol

00:36:34 **Darryl Nance:** Identify and meet the legitimate needs of the ADs I serve, accepting the risk and responsibility of tasks and relationships.

00:36:58 **John Handel:** How do you onboard new coaches into the mission and vision of an athletic department?

00:41:11 **Justin Pereira:** What are some daily habits you recommend leaders have in their daily lives to help them lead a high performance program?

00:45:16 **Darryl Nance:** Coach K said a few years ago when he had a few "off" years in the one and done era that he went back and read his early books and notes to get back to his roots.

00:45:54 **Darryl Nance:** Coaches can "re-invent" themselves within their own core values to stay fresh

00:46:54 **Teg Cosgriff CMAA:** Love it Daryl Nance! Core values but "re-invent" is in that growth mindset approach. Hope all is well! Teg

00:48:51 **HAROLD BARKER:** We strive to create a world-class athletic experience that is an extension of the classroom, process driven, and student centered. During this experience opportunities will develop for coaches to build strong relationships and teach our student-athletes life lessons and skills that will be truly meaningful and transformative in their lives.

00:49:19 **Darryl Nance:** As an AD, I passed on hiring some "really good coaches" because I knew they didn't fit our program.

00:52:12 **Lindsay Yost:** What are examples of showing that you value coaches that are not tangible

01:00:06 **Teg Cosgriff CMAA:** A really tough and good topic there to end up on for all us as athletic directors!

01:00:36 **Pat Kohan - AD Insider:** <https://unfairadv.substack.com/p/serial-winning-leadership?s=r>

01:00:43 **Pat Kohan - AD Insider:** Leadership Lessons from Serial Winning Coaches:
<https://leadersinsport.com/performance/leadership-lessons-serial-winning-coaches/>

01:01:07 **Darryl Nance:** Great episode.